First Things First

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Support from Action Planning Circle

We are a XRUK team known as **APC** which is mandated to:

- Create and build the capacity of an ‘actions community’.
- Encourage and support increased participation in NVDA.
- Support improved quality of the planning, design, implementation, evaluation and dissemination of NVDA in line with XRUK Action Strategy.

It is as a place for rebels around the movement to connect for advice, support and training.

We have a space for each nation/region to send a rep to all our meetings and also anyone can contact us to bring your ideas to our meeting so we can help develop ideas, overcome any blocks, connect you to the right support.

We can also provide action planning workshops.

Contact us via our reception on Mattermost or by emailing apc@extinctionrebellion.uk.

You could also connect to your nation/region action planning rep.

Get Inspired!

Look at XR’s rich history of actions

Here’s a flavour of different actions to get your creative juices going. Have a browse through the pictures found here: XR Global Media Breaking News Content. There may be actions that resonate or are similar to your idea.

Action packs for campaigns and themes

- Dirty Water
- Ecological Justice
- Global Justice
- Paint the Streets
- Social Justice

Action design inspiration

Take a browse through some Design Ideas for Actions. Even if you have a solid idea, chances are there may be some creative cherry on top you might want to add.

Things to Consider Before you Start

Start simple

If you are new to action planning, don’t try to run before you can walk. Start with something simple, or get some experience helping another more experienced action planner out with their action planning first.

Bounce it around

When you have an idea for an action, it’s a good idea to bounce it around with some trusted rebels to see if they agree it’s worth exploring. It helps to have another perspective and can get the creative juices flowing. If they like the idea, there’s a chance they’ll jump on board and help you plan it. In reality, for most actions you can’t do it alone, so build a small team to start with and then grow it as you need to. Speak to your local group or community/affinity group to get more help.

Give yourself time

At least a month for planning, preferably, more for larger or more complex actions. This is especially important for nourishing a regenerative culture. It also allows you to sit with ideas and reflect and develop them without rushing into things.

Bear in mind though, that the run up to actions generally requires more time than you anticipate. So think about time management in the days before an action. And make sure you have time afterward to get some regen.

The Actions Community - Get help and advice

Don't panic!

You have reached this page because you want to drive change through action - the very essence of Extinction Rebellion. You might have an idea and want help to make it a reality, or you might be looking for pre-packaged 'flat pack' action plans.

The Actions Community is here to help you

We have an XR Action Community Chat and XR Action Community Broadcast channels on Telegram. The chat is there for you to ask questions, share ideas and make connections. The broadcast is for announcements. Follow the above links to join these channels and get support from your actions community.

Other place to find support and advice

Here are some links to other places on rebel toolkit that might be useful:

- Design Ideas for Actions
- Themes for Actions
- Actions Support
- Arrestee & Legal Support
- Media & Messaging
- Action Packs for campaigns and themes