

The Actions Community - Get Help and Advice

Don't panic!

You have reached this book because you want to drive change through action - the very essence of Extinction Rebellion. You might have an idea and want help to make it a reality, or you might be looking for pre-packaged 'flat pack' action plans.

The Actions Community is here to help you

List groups, team chats etc.

Other teams who can give support and advice

Add short explanation and links to other parts of RT

- [Actions Support](#)
 - Creative, Art Factory, [Art Blockers](#)
 - [Arrestee / Legal Support](#)
 - [Media & Messaging](#)
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