

Things to consider before you start

Start simple

If you are new to action planning, don't try to run before you can walk. Start with something simple, or get some experience helping another more experienced action planner out with their action planning first.

Bounce it around

When you have an idea for an action, it's a good idea to bounce it around with some trusted rebels to see if they agree it's worth exploring. It helps to have another perspective and can get the creative juices flowing. If they like the idea, there's a chance they'll jump on board and help you plan it. In reality, for most actions you can't do it alone, so build a small team to start with and then grow it as you need to. Speak to your local group or community/affinity group to get more help.

Give yourself time

At least a month for planning, preferably, more for larger or more complex actions. This is especially important for nourishing a regenerative culture. It also allows you to sit with ideas and reflect and develop them without rushing into things.

Bear in mind though, that the run up to actions generally requires more time than you anticipate. So think about time management in the days before an action. And make sure you have time afterward to get some regen.
