

# Steward Communications

## Contact Us

You can reach the Stewarding Team at [Stewarding@extinctionrebellion.uk](mailto:Stewarding@extinctionrebellion.uk)

## How do we keep in touch with fellow Stewards

Before, during and after the events we use several **Telegram chats** for chat, queries & call-outs:

- **Big Stewards Chat:** For all XR Steward Volunteers.
- **London Stewards:** For Stewards living in London.

We also use more secure Signal communications for Lead Stewards. You will need to be verified by someone from a XR Team or Supporter Organisation to be added to these.

## Hand Signals

These Signals are used to communicate with attendees at an event or action



This signal is used to communicate (silently) with other stewards (try and remember to always be looking round and watching your stewarding colleagues to make sure you keep in contact)



Indication that a  
Steward wants  
assistance, (but  
doesn't want to  
draw attention)

**Mic Check:** when you raise your arm first to get silence then repeat "Mic Check, Mic check", the crowd repeats this "Mic Check, Mic check". Then you give your short message, the crowd repeats it. Then loop again.



**Mic Check**  
Don't assume  
crowd will  
understand  
Demo before  
needed

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[Signup to be a Steward on XR Action Network](#)

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