

# Stewarding Training

We have a number of Zoom sessions where we will go through various aspects of Stewarding and give you a chance to ask questions. We recommend attending **Stewards General Training** and we aim to run online training monthly and more frequently in the run up to big events. [Sign up to be a Steward on XR Action Network](#) to hear about these sessions or keep an eye on the [Movement Broadcast on Telegram](#).

## General Steward training - online

[General Stewards Training Video](#) General Stewarding Training - 30min

[Stewarding a Small Action Training Video](#) General Stewarding Training, especially for smaller actions - 20min

[General Stewards Briefing Video](#) Short 4min video of stewarding tips

## Make Them Pay Steward training - online

[MTP Stewards Training Video](#) General Stewarding Training - 30min

[MTP Stewards Briefing Video](#) Short 10 min video of information about the protest for Stewards

## Other related training

We have also run the sessions listed below previously, and can organise again if they are needed:

- Accessibility & Inclusion for Stewards
- Protest Liaison for Stewards
- Outreach for Stewards
- [De-escalation for Stewards](#)
- [Roadtaking](#)
- [Planning and executing a march](#)

Email us on [stewarding@extinctionrebellion.uk](mailto:stewarding@extinctionrebellion.uk) for details of the above. [Training materials](#), Powerpoint slide decs etc. are available if you want to run your own training sessions.

## Training: Face to Face

We usually run face to face training sessions during large events, typically 1 hour before shifts start.

## Top Tips Sheet

Helpful sheet if you just want to print one page, export [this one](#) as a PDF.

## Lead Steward Training

Lead Stewards are welcome to join any of the training sessions above and we can always add on a section at the end to cover Lead topics (it's a few extra slides).

## Further Training

These optional additional training modules will enhance your skills and confidence when Stewarding:

- Notes on [talking to the police](#)
- [De-escalation Training](#) (log in required)
- [CPR Training](#)
- [Street Speakers](#)- short talks you might be interested in delivering to parts of the crowd
- [Witnessing an arrest](#)
- [Witnessing a stop and search](#)
- [Street Outreach Skills Training](#)
- [Crowd Safety and Crowd Risk Analysis](#)

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