

# What to bring with you when Stewarding

## Things to check before you arrive for your shift

- Have I installed and checked the communications App on my phone? [Telegram](#) or [Signal](#)
- Have I joined the specific Telegram or Signal chat for the day (details will be emailed when you signup to Steward)
- Have I installed and opened the [What3Words App](#) on my phone?
- Do I know what time and where Stewards are meeting?

## What to bring with you

- Comfortable Shoes
- Clothing Layers
- An all weather hat
- Water bottle
- Food container and utensils
- Snacks
- A-Z Paper map (available cheaply on ebay)
- Notepad & Pencil
- Earplugs (Rhythms can be very loud if you are stewarding near them)
- Phone
- Power bank for your phone (charging points are hard to find)
- Umbrella (avoid large umbrellas but small foldable ones can be useful for many reasons)
- Your Pink High-Viz if you already have one
- A badge (or stick on labels and Sharpie pen) to write your name on
- A small bag, or better still a small rucksack to hold supplies
- The site map or march route (if published in advance)
- Suncream

## Where to store stuff

There is often nowhere secure to store anything during events. If you have small items, it's best to carry them with you. Alternatively, there are several companies that have many sites across London where you can store a bag for 24hrs (for a fee). If there are several of you together, try packing everything into one bag - you only pay once.

We are not affiliated to any of these sites and don't recommend any particular company:

[Radical Storage](#)

[Stasher](#)

[Bounce](#)

If you know of others, please let us know [via email](#).

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[Signup to be a Steward on XR Action Network](#)

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