

# Heatwaves

# HEAT STRIKE

## Heat Strike

XRUK are part of the coalition of organisations involved with the **Heat Strike campaign**, where people all over the UK pledge to strike on the hottest day of the year.

- Sign up on the [heatstrike.uk](https://heatstrike.uk) website and you'll be given the signal to strike.
- Follow [Heatstrike on Instagram](#)
- [Presentation slides](#) from the XR and Heat Strike Zoom (2025)
- Recording of the first Zoom session:

<https://www.youtube.com/embed/WrWcO8Mef00?si=1Es-tuoeSzje8eAU>

## Connecting to people locally

A good way of making sure anyone joining the Heat Strike campaign finds your XR local group is first to join the email list for Heat Strike and you'll be sent a link to join your nation/region WhatsApp community chat. Then you can either find or create a chat for your city/town, e.g. create 'Liverpool' within the North.

For any questions, drop them a line at [info@heatstrike.uk](mailto:info@heatstrike.uk).

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