

# Know Your Rights

Where possible our Legal Support team will deliver a Know Your Rights training either in person or via zoom. However as this is not always possible, we have collated key information within the guide below

<https://informedissent.info/knowyourrights>

There is also a [training on Rebellion Academy](#)

If you would like to arrange a Know Your Rights training session please contact Legal Support on [xr-legal@riseup.net](mailto:xr-legal@riseup.net)

This may not always be possible and is dependent on the teams capacity

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