

# Workshops

We have two workshops on offer:

## An Introduction to Community Building

Framed around the 3 key points: Starting with curiosity, Connection at the speed of trust, & Action on shared points of caring, this workshop explores examples of community building tools you can use in your areas!

**Workshop is 1 to 1.5 hours**

## Community Mapping

Introducing a new tool to our kit, this workshop explores how we map both our networks and our physical spaces, giving examples and actively using the tools in a way that is meaningful to the group we are with.

**Workshop is 1.5 to 2 hours**

**To request a workshop** drop into our [Reception Channel on Mattermost](#), talk to your

Nation/Region 'Gardener' or email [LGsupport@extinctionrebellion.uk](mailto:LGsupport@extinctionrebellion.uk). These workshops are available to any group interested - Local Groups, Community Groups, Regions, Nations etc.

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