

# Post Training & Follow-up | Feedback

## Post-Training and Follow-Up

Capture email addresses either via registration forms or using the chat box (check participants are happy to share with everyone or direct message you).

Send follow-up emails ASAP and include the option for participants to feedback either via a form or your email address.

Ideally, an email should have two links at the most. If you put your follow-up information on the Rebel Toolkit, you will have fewer links in your follow-up email. This also means you do not have to keep posting links in the chat during your session.

## Feedback

The Talks & Training team welcomes feedback on the helpfulness of this guidance, so it can be continually developed and improved. You can do this by:

- messaging the [Talks & Training Reception](#) on Mattermost,
  - emailing [eventsxr@gmail.com](mailto:eventsxr@gmail.com),
  - completing this [Feedback document](#).
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