

Political - Speak to your MP at Parliament

How to 'Green-Card' your MP to speak to them in person

If you happen to be around the Houses of Parliament you can green-card your MP. For times, try calling the Commons Enquiry line on 020 7219 4272.

What you need to do:

- Go through the Cromwell Green entrance to parliament and pass through security (allow for this to take up to 20 minutes).
 - Queue up at the information desk in the central lobby and you will need to collect and fill in a "green card."
 - Hand the green card to the information desk. The information desk will be able to let you know quite quickly if your MP is not at the House of Commons.
 - If your MP is unavailable the fact that you have handed in a green card will mean that your MP will know you have requested a meeting and your MP will have to write to you in due course letting you know their views.
 - If the information desk does manage to contact your MP be prepared to wait for a while.
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