

Facilitation



What is this training about?

Facilitation training is offered in three parts:

- Introduction to Meetings: a core training that everyone should attend.
- Facilitation Training (in two parts): an in-depth training designed for those who want to be able to run meetings in a safe, accessible, and productive way. This training is offered to people after they have attended the Introduction to Meetings training.

Format

All trainings are online via Zoom and last 1 hour and 30 minutes.

Introduction to Meetings Training

Meetings are an important part of the XR culture, but because it's XR, we do things a little differently from what you're probably used to. Come to this essential training and you will:

- Understand how our meetings work
- See how our principles and values are reflected in how we work together
- Learn how to be, what to say and when to say it in our meetings
- Learn how to use an agenda document
- Find out about the SOS and how the movement works

How to find and register for Introduction to Meetings Training

Sign up [via this Google Doc](#), which contains a list of upcoming dates. These sessions fill up fast so register early.

Facilitation Drop-Ins

An opportunity for all facilitators, new and experienced, to connect with the XRUK Facilitation team for advice and assistance with their facilitation queries.

How to find and register for Facilitation Drop-ins

Sign up [via this Google Doc](#), which contains a list of upcoming dates.

All dates, times, and registration info for XRUK Talks and Trainings can be found via:

- [Movement Broadcast](#)
- [XRUK Talks and Trainings Facebook Page](#)

If you have any questions, please email us on [**facilitation@extinctionrebellion.uk**](mailto:facilitation@extinctionrebellion.uk)
