

# Know Your Rights

## What is this training about?

Know Your Rights provides essential information on your rights at protests, your rights when talking to the police, your rights when being searched, and your rights when being arrested.

## Who is this training for?

Anyone who wants to attend an XR action or protest, no matter whether you intend to be arrested or not.

## Format

Training can be found on the [Rebellion Academy](#) or are held on Zoom (online) through [Green and Black Cross](#).

## When?

Take the [Know Your Rights \[2024\]](#) training in your own time on the Rebellion Academy or on Zoom with Green and Black Cross. Upcoming sessions are advertised on their website [here](#).

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If you have any questions, please email Arrestee & Legal Support on [als@extinctionrebellion.uk](mailto:als@extinctionrebellion.uk)

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