

Prepare for Action

Nonviolent Direct Action training has evolved!

Prepare for Action [PfA] is now 1.5hrs, focusses on the essentials and what we all need to know when taking part in any XR activity.

NEXT TRAINING via Zoom
 Sunday 22nd September 10am - 11.30am

[REGISTER HERE](#)

We'll cover what is nonviolence, how to keep secure, understanding the action cycle and more!

Whether you are relatively new to XR or a seasoned rebel, PfA is for you.

Find out the most-up-to date information in our inclusive workshop with the space to reflect.

We will explore what is nonviolence and why it is essential, our relationship with the police, how to keep secure, deescalate difficult situations, understand action support, legal support, Bustcards, the action cycle and make fast group decisions.

And once you've had the chance to reflect, you'll receive a follow-up email with useful in-depth information and links to relevant resources.

All dates, times, and registration info for XRUK Talks and Trainings can be found via:

- [Movement Broadcast](#)
- [XRUK Talks and Trainings Facebook Page](#)

If you have any questions, please email us on nvda_xr@protonmail.com
