

Prepare for Action



The Prepare for Action Training

This training is essential for anyone who wants to stay safe whilst exercising their right to create change through peaceful civil disobedience.

The workshop is in video format backed up by information on the Rebel Toolkit and facilitator notes. COMING SOON!

The video offers a mix of information, discussion and practice. By the end, you will have an understanding of how our methods work, how we organise, how we stay safe and support each other. It also includes disabled people's rights **to** protest and **at** a protest.

The video workshop can run in tandem with national action briefings and can also be shared with allies and partners to support collaborative actions.

There are links to basic protest law for England and Cymru Wales, and we recommend reading this information for [Scotland](#), [Northern Ireland](#) and [Eire Ireland](#).

The video training will be available soon, in the meantime, you can request training via email: pfa@extinctionrebellion.uk

In-person training may be available locally. Check with your local or regional group. To find contact details, use the [UK Local Group map](#).

If you have any questions, please email us on: pfa@extinctionrebellion.uk.

Post Training Resources

Coming soon!
