

# Getting Started with Explore XR

If you've applied since 1st April 2024, you will be emailed a direct link to your XR Resources form.

- [Finding Your Resources Form without a Hub Account](#)
- [Joining the Hub and Finding your Resources Form](#)
- [The Explore XR Team](#)
- [Zoom and Data Protection Information](#)

# Finding Your Resources Form without a Hub Account

## ☐ Hello Explorers! Welcome to Explore XR ☐

A day or two after you apply to Explore XR [via the XRUK Volunteer Website] you'll receive an email from ddat+hub@extinctionrebellion.uk which contains a direct link to the Explorers Resources form.

If you haven't applied to Explore XR yet, click the link below:

**Apply to Explore XR by joining a Get Involved session**

When you click on the Resources form in your email, you will see your form, which looks like this:

The screenshot shows a web form titled "FORM - COURSE SCHEDULE - FOUNDATION PROGRAMME". At the top, there is a green header bar with a "Log in to see more >>>" link on the left and a "LOG IN" button on the right. Below the header, the form is divided into several sections:

- Foundation Programme Explained**: Includes links for "Foundation Programme Reference book - Rebel Toolkit" and "New to Zoom? Click here for FAQs and tips".
- Tick the buttons and save on completion of each session**: A note about the importance of feedback and learning.
- Hover over or click on ? for Key Information**: A reminder to check tips for key information.
- Help us understand your needs and ambitions**: A section with a question mark icon and a "Tick the answers that apply to you" instruction.
- Enter your postcode**: A text input field.
- Are you new to XR?**: A radio button question with "Yes" and "No" options.
- Currently involved in XR?**: A radio button question with "Yes" and "No" options.
- Here to help your local group?**: A radio button question with "Yes" and "No" options.
- Looking for a role in a UK Working Group team?**: A radio button question with "Yes" and "No" options.
- Nervous about technology**: A radio button question with "Yes" and "No" options.
- GETTING STARTED - tick when completed**: A section with a green header and a "Completed" checkbox.
- Introduction to the Foundation Programme - FP Community Meeting**: A section with a question mark icon and a "Completed" checkbox.
- Welcome to XR - Q&A**: A section with a question mark icon and a "Completed" checkbox.

Ignore the option to Log In [top right].

Extra information about each part of the form can be found by hovering over or clicking on the Question Mark icons.

- If you have a Hub account you can use the login option.

- If you don't have a Hub account and would like one, please email [volunteer@extinctionrebellion.uk](mailto:volunteer@extinctionrebellion.uk) and we will send you a Hub invite to the Explorers group.
- Then you can join our Explorers channel on Mattermost [XR's dedicated chat platform] for chat and regular updates about the live training.
- For information about [Joining the Hub and Mattermost](#)

## We would love to meet you at our next Get Involved session

Please join us for the next **Get Involved session** on Zoom for a warm welcome and all your questions answered. These are held approximately four times monthly.

[Register here for 'Get Involved'](#)

# Joining the Hub and Finding your Resources Form

☐ Hello Explorers! Welcome to XRUK ☐

We have created a direct link to the Explorers Resources form so that you can access the information without first joining the XRUK Hub. More information [here](#).

Everyone applying to the course from 1st April 2024, will receive this direct link. If you applied before this date and would like the direct link, please email us at

[volunteer@extinctionrebellion.uk](mailto:volunteer@extinctionrebellion.uk)

However, if you've received an invite email to join Explore XR via the Hub, and you want support with what to do next, this page will help you.

## Page Contents

- [Step 1 - How to Join the Hub](#)
  - [Step 2 - How to Find Your Resources Form](#)
  - [Getting in Touch](#)
  - [Help!](#)
  - [What on Earth is the Hub?](#)
  - [Mattermost - the App](#)
  - [If You Already Have a Mattermost Account](#)
- 

## STEP 1

### How to Join the Hub

1. Go to your inbox and find the email from **ddat+hub@extinctionrebellion.uk**  
Subject: **Invite to Explore XR** (you may need to check your Spam/Junk folder).
2. Click on your invite link. This will open a webpage containing a form that looks like this:

# ACCEPT INVITE TO NEW GROUP

► **HELP**

You have been invited to join Foundation Programme

**Your Hub Email Address**

fpstudent@proton.me

**Login name you will use for logging in here** ?

fpstudent

**Your full name or nickname (visible to other users)**

FP Student

**Preferred Pronouns** ?

None

**Phone Number** ?

07949069730

**Existing Password** ?

[I have forgotten my password](#)

You have been invited to the following Hub Group(s). If you do not want to accept one or more of the invites, then untick it in the list below.

Hub Group	Group Admin	Accept This Invite	Show My Email ?	Show My Phone Number ?
Foundation Programme	Ned Evans	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

☐ I agree to [Terms of Service](#), [Privacy Policy](#), [Principles and Values](#), and [Online Behaviour Guide](#).

**Confirm**

3. Fill in the form with your name (this is visible to other users, so you can use a nickname if you like) and create a password and then click **Confirm**.
4. If you know how to find your Resources form then go ahead and create your Hub account, otherwise follow Step 2.

## STEP 2

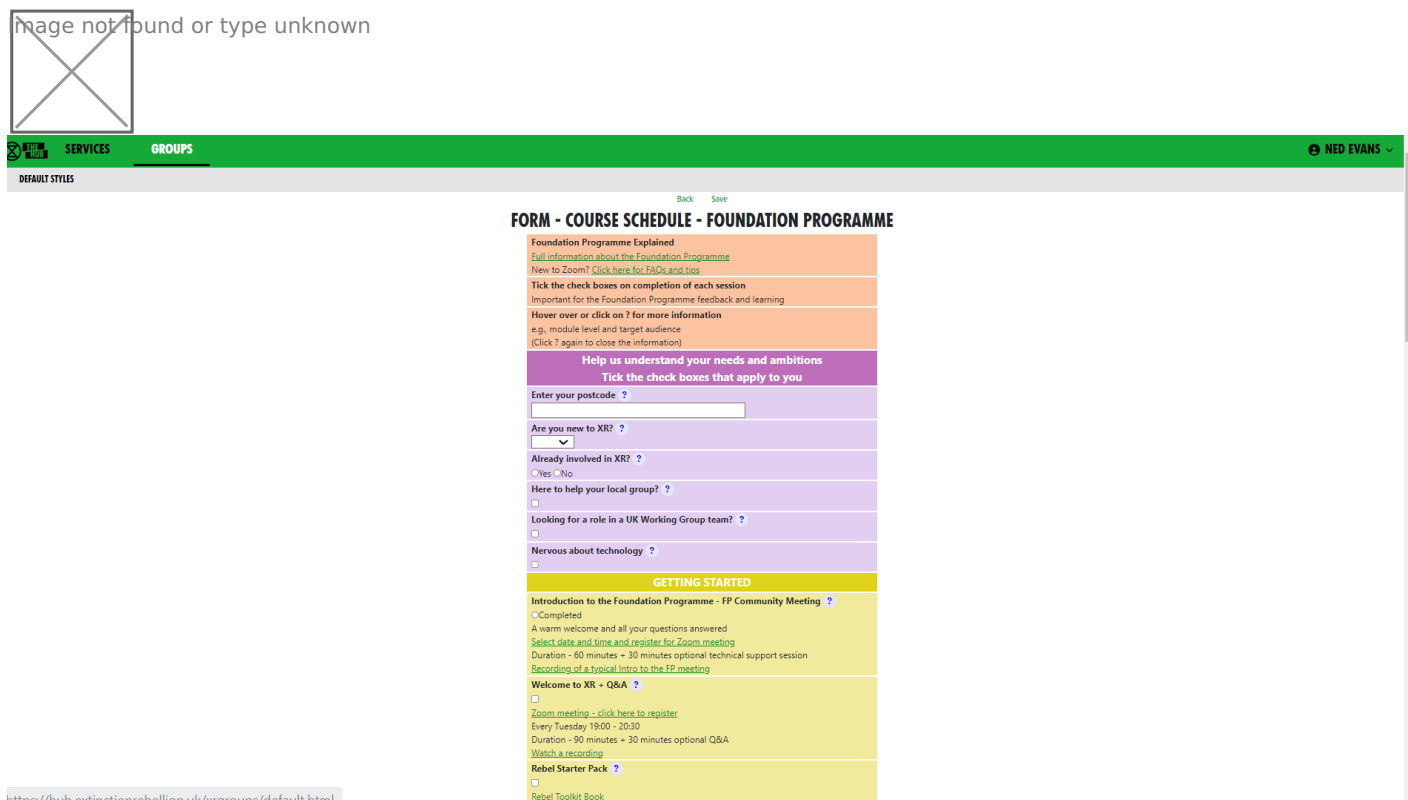
### How to Find Your Resources form

Once you've created your Hub account, you can find your Resources form by clicking the green link 'Hub - My Forms' below, and then select the 'Explorers'

## Link here → **Hub - My Forms**

When you click on the green link above, this is what you'll see. If you **don't** see this page, log into the Hub first.

image not found or type unknown



Back Save

### FORM - COURSE SCHEDULE - FOUNDATION PROGRAMME

**Foundation Programme Explained**  
Full information about the Foundation Programme  
New to Zoom? [Click here for FAQs and tips](#)  
Tick the check boxes on completion of each session  
Important for the Foundation Programme feedback and learning  
Hover over or click on ? for more information  
e.g. module level and target audience  
(Click ? again to close the information)

**Help us understand your needs and ambitions**  
Tick the check boxes that apply to you

Enter your postcode ?

Are you new to XR? ?  
☐

Already involved in XR? ?  
☐ Yes ☐ No

Here to help your local group? ?  
☐

Looking for a role in a UK Working Group team? ?  
☐

Nervous about technology ?  
☐

**GETTING STARTED**

Introduction to the Foundation Programme - FP Community Meeting ?  
• Completed  
A warm welcome and all your questions answered  
Select date and time and register for Zoom meeting  
Duration - 60 minutes + 30 minutes optional technical support session  
Recording of a typical Intro to the FP meeting

Welcome to XR - Q&A ?  
☐  
Zoom meeting - click here to register  
Every Tuesday 19:00 - 20:30  
Duration - 90 minutes + 30 minutes optional Q&A  
Watch a recording

Rebel Starter Pack ?  
☐  
Rebel Toolkit Book

<https://hub.extinctionrebellion.uk/xrgroups/default.html>

To find your Resources form again easily, you can save it by bookmarking. Click the green link to find out how to do this.

## How to Bookmark

## Getting in Touch

Once you're on the Hub and Mattermost (XR's dedicated chat platform), use the **Explorers** private chat channel in Mattermost to say "Hi" to your fellow Explorers and the Explore XR Coordinators. You can also ask for support there.

- Click this **link** to go to that channel.
- Or open a browser (Safari, Chrome, Firefox etc) and type in **organise.earth** into the address bar at the top of your screen, select Enter, (Sign in if you need to) and then navigate to the Explorers channel.

**Please Note:** The green link above will work **only** once you've created your accounts on the Hub and Mattermost, so follow the steps above to get set up.

# Help!

If you are concerned about using new tools and platforms – please don't panic! The Explore XR team are here to help. You can get personal help by:

1. Registering for the next **Get Involved** on Zoom for a warm welcome and all your questions answered.

**Register here for a Get Involved session**

2. Emailing us at **volunteer@extinctionrebellion.uk**
3. Speaking to a human by calling our super-friendly technical support woman - Ned on 07949 069730

## What on earth is the Hub?

The Hub is our own incredible tool which contains all the info about XRUK groups, as well being a one-stop-shop for our other platforms, e.g. Mattermost and UK Cloud, that we use to organise online. All of our platforms run on secure servers in Switzerland using green electricity! Further info [here](#).

## Mattermost - the App

If you want to use Mattermost via the app on your phone or tablet, download Mattermost Business (Mattermost Classic is the older version of the app - download this one if that's your only option) from the App Store (iPhones) or Google Play Store (Androids). Once downloaded:

- Open the app and go through the Welcome screens
- Where it asks for the Server URL, enter - [organise.earth](https://organise.earth)
- Where it asks for the Server Name, enter - anything you like! XR or Extinction Rebellion or your cat/dog's name - it doesn't matter what you put here.
- Sign in using the account details you chose when you created your Hub account.

## If You Already Have a Mattermost Account

If you already have a Mattermost account but **not** a Hub account, you can find additional support [on this page](#) or watch this [video](#).

# The Explore XR Team

## Who we are and how to contact us

Our team is made up of Hazel, Matthew, Jacqueline, Sheena, Ned and Michelle. Some of us are established rebels who set up the team; some of us joined after taking the course ourselves.

Michelle and Ned offer 'Explorer Support' and, if you've been happy to give us your phone number, one of us will check in with you. Ned can be contacted for all things technical.

We look forward to meeting you at one of our Zoom Get Involved sessions.

If we can help in any way to support you through Explore XR, please get in touch either by messaging on Mattermost or emailing us:

- [Explorers channel on Mattermost](#)
- [\*\*volunteer@extinctionrebellion.uk\*\*](mailto:volunteer@extinctionrebellion.uk)



# Zoom and Data Protection Information

## **Zoom Technical and Practical FAQs**

We recognise that studying online is very different from hard copy reading materials and face-to-face learning. Using your Course Schedule form and attending Zoom sessions, as well as registering for them and keeping track of registration emails, can be a challenge, especially if you are not familiar with technology.

For these reasons, do please study our FAQ sheet FIRST as it has answers to many of the most frequent Zoom technical and practical issues you may encounter on the Course.

[Zoom FAQ's / Troubleshooting](#)

## **Data Protection - XR Volunteer Agreement**

By taking part in Explore XR, you may have access to other people's personal details such as email addresses. Therefore, please sign (digitally) our [XR Volunteer Agreement](#).