Attend a Get Involved interactive session

If you've already attended an interactive session please read the other chapters and pages in the Get Involved book.

During the Get Involved sessions you can ask questions and talk about your skills and experiences, the facilitators will then support you to get more involved in XR either by:

- taking part in actions
- joining a local or community group
- volunteering for a specific role
- supporting from home

Join a **Get Involved** workshop or if you would like to know more about XRUK first, attend an **Intro to XR** talk.

REGISTER HERE
