

Attend a Get Involved interactive session

If you've already attended an interactive session please read the other chapters and pages in the [Get Involved](#) book.

During the Get Involved sessions you can ask questions and talk about your skills and experiences, the facilitators will then support you to get more involved in XR either by:

- taking part in actions
- joining a local or community group
- volunteering for a specific role
- supporting from home

Join a **Get Involved** workshop or if you would like to know more about XRUK first, attend an **Intro to XR** talk.

[REGISTER HERE](#)
