

# Local Groups

**Principle 10: we are based on autonomy and decentralisation** We organise in small, autonomous groups distributed around the world. The aim is to balance being able to act quickly with using group wisdom when needed.

## Join a Local Group

A Local Group (LG) is a group of people that gather in a local area to build support and take action towards XR's three demands. To find a local group close to you - take a look at the [UK Local Group map](#).

Joining a Local Group can be one of the most rewarding things to do in XR. Many members of Local Groups become great friends, and find understanding and camaraderie that they struggle to find elsewhere.

Local Groups often run campaigns based on issues that matter in their local areas, and this is very varied across the country. Current campaigns being run by local groups range from Community Assemblies to Air Pollution, Dirty Water to Incinerators, Warm Homes to tackling Biodiversity Loss. And their actions don't stop there!

Local Groups do their own Outreach, Relationship Building, run Talks and Trainings, maintain social media pages and send newsletters, and much, much more!

**So to do all of this, they need you!**



## Need help?

If there is no Local Group near you or you are having trouble getting in touch with them, then feel free to contact Local Group Support team via our [Mattermost Reception channel](#) or by emailing [LGsupport@extinctionrebellion.uk](mailto:LGsupport@extinctionrebellion.uk).

## Learn More

If you'd like to read more about Local Groups, or perhaps even start a new one near you then [take a look at this guide](#).

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