

# Support Us Online From Home

## Join the Rebel Ringers Team

Rebel Ringer volunteers made thousands of calls in the lead up to The Big One in 2023 alone. This team helped reconnect activists, some of whom had not been active for a while, to the information and resources they needed to get them to London's amazing 60,000+ people rebellion.

What our ringers are doing right now is calling people who have just joined XR to give them a friendly welcome and help them find their feet. It is super-rewarding work - people are almost always delighted to get a call! So if you are a friendly person who enjoys helping others this is just the role for you.

[Learn more and sign up to volunteer](#)

## Digital Rebellion

**Digital Rebellion** exists so that everyone can take climate action! Whether that be from your sofa, or on the bus, you can take action at a time and place that suits you. If you can send an email, make a phone call or sign an online petition you can take part. You will join others all working together to make your lone voice part of a heavenly chorus.

Sign up here to be sent regular emails with details of current campaigns and the actions you can take [here](#).

## Support us on Social Media

Please follow [this link](#) to see how you can boost our posts so that they are seen by more people.

To get alerts via Telegram app when XRUK social media post key content, join the [M&M Broadcast here](#).

Since the mainstream media refuse to cover the majority of our work, these channels are a vital way we share our message. We use social media to:

- share news about our actions
- the effects of our work and the work of others
- connect with each other and with people and organisations with power
- organise together in groups and create public events to share

## UK social media channels

All the UK social media channels have the handle @XRebellionUK

- [Facebook](#)
- [Instagram](#)
- [TikTok](#)
- [X/Twitter](#)
- [Bluesky](#)

Plus the XRUK [Youtube](#) channel.

## Local Group social media channels

Local Groups and Community Groups often have their own social media accounts. Some of the larger ones have their own websites too. All can be found on the [Local Group Map](#)

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Find other ways you can get involved from home on the [Rebel From Home pages here](#).

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