

Assemblies Team & Training

The **XRUK Assemblies team** are here to support the movement by ensuring:

- XRUK has the knowledge and support it requires to promote the Third Demand.
- XRUK, Local Groups, Regions and Nations have a broad understanding of the power of deliberative democracy, and have the support they need to run community assemblies as required.
- Rebels can learn the power of Polis, an interactive polling tool, for upgrading assemblies.

Facilitation Training

If you're interested in facilitating an assembly, watch [Community Assemblies Facilitation Training](#).

Polis Moderation Training

Want to learn a great new skill to support organisers of interactive polls? Please get in touch with the XRUK Assemblies team on your preferred channel to learn about Polis Moderators - see 'Contact Us' below

Contact Us

If you have any questions, or need any support, please contact us:

- Email: assemblies@extinctionrebellion.uk
 - Mattermost: [UK Assemblies Reception](#)
 - Ask any questions in our [UK Assemblies Sharing](#) Telegram chat
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