

Polis: Support To Take Part

Learn how to take part

We have a guide for anyone wanting to take part, but assure you it really is simple to use and intuitive, once you have a link to start voting. For full information [go here](#)

Weekly support drop-ins

Join a friendly weekly Wednesday drop-in for questions and support on how to use the 'Polis on Water' online discussion, any Wednesday **10:30 - 12:30** from **21st October** to **18th November**.

We can also help with how to promote Polis on your platforms to spread the word and get everyone involved or answer your questions on [Polis moderation](#).

Join the [Zoom](#) - no registration needed.

Meeting ID: 969 5352 0345

Learn more and find FAQs [here](#).

If you can't make a Wednesday, please email the XRUK Assemblies team at

assemblies@extinctionrebellion.uk
