

# How to get involved

All of the information on how to get involved in the week of insurance actions (26 Feb - 01 Mar 2024) in the City of London and across the UK:

[Key information about joining actions](#) in London and around the country, on the XRUK website.

Join the [National Telegram Chat](#) to get up to the minute information.

[Amplify this week of actions from home via social media](#) on the Digital Rebellion website.

## Volunteer in one of many Action Support roles:

So a big thanks for the 120 volunteers so far spread across days and locations. We can always use more (especially in London Tue, Wed, Thu). These roles are an ideal way to be involved in an action and have a valuable purpose at events.

Details of all the Action Support crews are [here](#)

## Give your availability on dates at locations for specific roles:

[Stewarding](#)

[Wellbeing](#)

[First Aid](#)

[Production](#)

[DeEscalation](#)

[Roadtaking](#)

Thur 22nd [Stewards Training 7pm](#)

If you want to be told about [training and future events](#)

# INSURANCE WEEK OF ACTION

extinction  
rebellion

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