

# IOS Training, Workshops, Meetings



## Outreach at Insure Our Survival

Calling all outreachers! We are building a team to have those all-important conversations on the streets. Can you join us? Two trainings workshops are coming up:

- Tuesday 15 Oct at 7.30-8.30pm
- Tuesday 22 Oct at 7.30-8.30pm

These will cover:

- What we've learnt from the last XR week of action targeting the insurance industry.
- The powerful stories we can tell about the insurance industry and the future of our planet.
- How we can use the latest research into public opinion around XR.

**[Sign up to a training here](#)**

and/or **[Sign up to volunteer for a shift](#)**

## Stewarding Training

To access video recordings or register for a live Zoom training on 21st October 7-8pm - **[click here](#)**.

# Roadtaking Training

To access video recordings or register for a live Zoom training either on 16th or 24th October at 7-8pm - [click here](#)

## Preparing for Action

Training is important for your safety; the safety of other people around you on direct actions; and that of the general public.

[Register here for either of the workshops below](#)

**NVDA training 13th Oct 10:00-13:00 (3hrs)** - Learn about civil disobedience, theories of nonviolence & how to use your support systems. Also covers all the practicalities of staying secure at an XR action.

**Prepare for Action 27th Oct 10:00-11:30 (1.5hrs)** - Focusses on the essentials and what we all need to know when taking part in any XR activity. We'll cover what nonviolence is & how to keep secure.

## Insurance Briefing

Here's a briefing on why we are targeting the insurance industry from our allies at the Insure Our Futures coalition.

Watch the [briefing video here](#) (22mins)

## Open briefing call for London Actions

**Sunday 20th 7-8pm (30 minutes briefing, 30 minutes Q&A)**

London actions plans Monday to Wednesday (28-30th October) plus Q&A!

**[REGISTER HERE](#)**

The first half of the session will be recorded and put onto XRUK's YouTube channel (and a link will be added here). There will be closed captions and BSL interpretation. For other access needs contact [wellbeing@extinctionrebellion.uk](mailto:wellbeing@extinctionrebellion.uk) or 07773 193704

# Open briefing call for Birmingham (action on 1st Nov)

**Sunday 20th 7.30-8.30pm (30 minutes briefing, 30 minutes Q&A)**

**[REGISTER HERE](#)**

**Note:** We know that there is overlap between the London and Birmingham briefing calls. We recommend anyone planning to attend actions in both Birmingham and London goes to the London briefing 7-7.30pm and then joins the Birmingham briefing at 7.30pm.

Join this briefing to hear all about the plans for the action in Birmingham on Friday 1st November. We will cover:

- Basic plan
- What to bring
- Specifics for mass participation performance actions (and how you can get involved!)
- Specifics for drummers

This session will be recorded and put on XRUK's YouTube channel (and a link will be added here).

There will be closed captions. If you have any other access needs please contact [emma.xrmidlands@protonmail.com](mailto:emma.xrmidlands@protonmail.com)

## Initial Open Call

**WATCH the recording** of the Zoom call from Tuesday 24th September. This covers why direct action targeting the insurance sector is effective and overview of the plans that were known at that point. (with BSL interpretation and closed captions.)

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