Online Behaviour Guide

XR's Regenerative Culture

We owe each other a duty of care to make our presence on our communications platforms a comfortable and beneficial experience. This includes a healthy focus on mutual support through:

- Self care – how we take care of our own needs
- Mutual care – how we take care of each other
- Interpersonal care – how we take care of the relationships we have, being mindful of how we affect each other
- Community care – how we take care of our development as a community

Etiquette and Standards for Posts

When posting messages contributors should:

- Be respectful – people are different; we all have strengths and weaknesses and different backgrounds – consider your audience
- Use 'I' statements
- Practice compassion by putting themselves in others' shoes
- Take the time to read, re-read, and reconsider before posting

When using chat channels and forums, all contributors have a duty of care for the community, offering a harassment-free space for all to participate, embracing our unique differences.

Positive Behaviours

- Use welcoming and inclusive language
- Be respectful of differing viewpoints and experiences
- Be willing to engage with feedback (constructive criticism)
- Focus on what might most be of service to the community as a whole
- Cultivate curiosity and an empathic awareness towards other community members

Negative Behaviours

- Avoid sexism, racism, classism, and any other prejudices

- Be aware that we all have things to learn and we all make mistakes
- Avoid making assumptions and be open to listening and learning if challenged
- Do not employ harassment, either public or private, including trolling, insulting/derogatory comments, bullying, personal or political attacks
- Do not publish others' private information without explicit permission
- Avoid conduct which could reasonably be considered inappropriate in a professional setting

Maintaining good behaviour falls to all of us

If messages or comments stray from the above guidelines, it's up to each of us to feed back our concerns in a sensitive way depending on the platform being used. Our regenerative statement says: "[we have] cultures of respect and listening, in which people deal with conflicts when they arise, feeding back quickly and talking about disagreements and issues without blaming and shaming."

If you find a post that you believe needs moderation, see the moderation chapter for guidance.
