

Our Principles and Values

Anyone who follows these core principles and values can take action in the name of Extinction Rebellion.

1. We have a shared vision of change: creating a world that is fit for generations to come.

2. We set our mission on what is necessary: mobilising 3.5% of the population to achieve system change – such as “momentum-driven organising” to achieve this. .

3. We need a regenerative culture: creating a culture which is healthy, resilient and adaptable.

4. We openly challenge ourselves and this toxic system: leaving our comfort zones to take action for change.

5. We value reflecting and learning: following a cycle of action, reflection, learning, and planning for more action. Learning from other movements and contexts as well as our own experiences.

6. We welcome everyone and every part of everyone: working actively to create safer and more accessible spaces.

7. We actively mitigate power: breaking down hierarchies of power for more equitable participation.

8. We avoid blaming and shaming: we live in a toxic system, but no one individual is to blame.

9. We are a nonviolent network: using nonviolent strategy and tactics as the most effective way to bring about change.

10. We are based on autonomy and decentralisation: we collectively create the structures we need to challenge power.

More information:

- A more detailed explanation of each of the [Principles and Values here](#).
 - [Principles and Values poster to print](#)
 - See '[Our Culture](#)' for how we apply the Principles and Values.
 - Our [Intro to XR talk](#) covers what our principles and values mean in practice.
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