

# Simple, practical guidance to keep online meetings safe

Take a risk-based approach to online meetings in order to assess the overall risk to Extinction Rebellion. Ensure that people running meetings are aware of the possible risk factors and what steps they can take to increase security when appropriate.

Take care over appropriate platform choice, use available security features, allocate responsibility for online safety, arrange training.

Look out for suspicious registrations or attendees.

Make sure people know what to do during the online meeting and if the meeting is disturbed by unwanted guests or inappropriate behaviour.

Follow security best practice: update software, educate participants, and use strong, unique passwords.

For more detailed advice read this [article by Charity Excellence](#)

Also see guidance here on the Rebel Toolkit on using [Zoom](#) or **XR's own green energy powered 'Big Blue Button'**.

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