

Why Love & Rage?

Love

Together we shout and sing with all our hearts with Love for the Earth, for Life itself.

Rage

We Rage against those who still deny the science and delay the change that's so desperately needed. The Government, the security services, the media all know that climate breakdown is happening - yet where is their plan? A plan to secure a liveable future for the British people? The full National Security Assessment has been hidden - redacted. So, to build the world we want and need, to build a path for our children's survival, it's clear society must have a common understanding of the facts.

Because we're all in the soup and it's coming to the boil

It's really important to focus on the 'and', the ability to hold both together. ****LOVE AND RAGE****.

Together year on year, we have all been witnessing the most immense betrayal of life imaginable, the raging of wildfires across Europe say it all. We know what's happening, and we know that at massive cost, the climate and nature emergency is being wilfully underplayed and ignored by those in power.

It's vital that we don't let anger feed into aggression, violence or more divisiveness. As Extinction Rebellion - we resolutely hold a commitment to stay rooted in love and nonviolence. To do things in a different way, holding by our [Principles and Values](#).

Love is what brings us together. Rage is what moves us.
