

# Outreach Workshops

## Growing the movement is a key task

**Join our workshops** to learn how to use outreach skills to engage and inspire the public into action. You don't need any experience or skills to participate in the workshops. If you've done outreach before and want to brush up and refine your methods, then you're welcome to join too.

**Learn about different approaches** for speaking with the public about the climate and ecological crisis:

- We look at research that tells us what messages seem to resonate better with different UK demographics.
- Share stories to inspire and counteract the 'business as usual' narratives that dominate in the media.
- Learn about the importance of listening and connecting with people.

## Online Workshops

To empower you with knowledge, simple skills, and top tips you need to become an outreach hero and help our rebellion to flourish!

- [Register for an online workshop](#)
- [Watch a recording of the workshop](#)

## Book an in-person workshop

We'd like to support local groups that would benefit from an injection of outreach energy to help them grow. We are mobilizing outreach volunteers to visit a local group for a day of outreach. We will also offer remote and in person outreach support for example, training for speaking with the public, [flyer design](#) etc.

The idea is that on the day of outreach, we are inviting people to take part in an upcoming local event, this could be a social or an upcoming action. This is why we need local person/people who have the capacity to follow up and contact new sign ups once the day of outreach is over. We can also offer advice on ways of doing these follow ups.

Contact UK Outreach team via our [Mattermost reception](#) or by email

[actions.outreach@extinctionrebellion.uk](mailto:actions.outreach@extinctionrebellion.uk).

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More guidance and support [on the next page](#).

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