

Outreach Workshops

Growing the movement is a key task

Join our workshops to learn how to use outreach skills to engage and inspire the public into action. You don't need any experience or skills to participate in the workshops. If you've done outreach before and want to brush up and refine your methods, then you're welcome to join too.

Learn about different approaches for speaking with the public about the climate and ecological crisis:

- we look at research that tells us what messages seem to resonate better with different UK demographics
- share stories to inspire and counteract the business as usual narratives that dominate in the media
- learn about the importance of listening and connecting with people

Online Workshops

To empower you with knowledge, simple skills, and top tips and become an outreach hero and help our rebellion to flourish!

- [Register for an online workshop](#)
- [Watch a recording of the workshop](#)

Book an in-person workshop

The UK Outreach team are running practical training days for **local groups**. We are currently touring the nations and regions and providing in-person workshops.

Contact UK Outreach team via our [Mattermost reception](#) or by email actions.outreach@extinctionrebellion.uk

More guidance and support [on the next page](#)
