

# Share your photos on the Live Action Content Telegram channel

## Uploading to the XRUK Live Action Content Telegram channel

This channel is for those who are unable to operate [Pics.io](https://pics.io).

1. Join the Telegram channel here on desktop or your phone:

[https://t.me/+\\_zghQm8dsqFINTQ0](https://t.me/+_zghQm8dsqFINTQ0)

2. Read the pinned posts for guidance on protocols
3. Select a maximum of 10 of your best photos (less is more)

☐ Best practice is to upload a batch of photos together with the date, name of action, your name, a brief description

☐ To do this make your selection (option click on desktop or individually from a phone library), then make sure 'Group Items' tick box is ticked and 'Compressed' is unticked (otherwise it will clutter the feed with a long string of low-res photos instead of a box set of hi-res ones).

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