

# Getting Connected

## Telegram

Download the **Telegram** app to your phone. Once you have the Telegram app, open the Rebel Toolkit in a browser on your phone. Come to this page on the Rebel Toolkit and click on the green links below to join these channels.

## **Movement Broadcast** | **Rebellion Broadcast** | **Digital Rebellion**

- **Rebellion Broadcast:** For key UK-wide messages on actions and rebellions.
- **Movement Broadcast:** For key UK-wide messages on talks, training and workshops.
- **Digital Rebellion:** If you want to rebel online.

There's also the **New Members Chat:** For any questions or support requests, and for chatting to other new rebels. Once you've attended a Welcome to XR session, you'll receive a follow-up email from XRUK Communities with the Telegram invite link for the New Members chat group.

Please don't hesitate to ask for support or any questions in the New Members Chat group on Telegram, or you can email **[pathways+w2@extinctionrebellion.uk](mailto:pathways+w2@extinctionrebellion.uk)**

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