

2. Who is the workshop for?

PfA is for people who want to know how to prepare to take any kind of peaceful action [known as Nonviolent Direct Action - NVDA]. Some people may already have prior experience of protests and could be looking for a refresher. The training includes some challenging concepts and benefits from having a facilitator to support participants.

People who are completely new to climate activism may also like to join:

- an uplifting [The World We Want](#) talk
- a welcoming [Intro to XR](#) talk
- an informal interactive [Get Involved](#) session

Another route to PfA training is to find regional and local groups on the [Local Groups map](#) where in-person training may be available.
