Welcome to Prepare for Action Training



Introduction

Prepare for Action [PfA] training is essential for anyone who wants to stay safe whilst exercising their right to create change through peaceful civil disobedience.

The training includes a mix of information, discussion and practice. By the end, you will have an understanding of how our methods work, how we organise, how we stay safe and how we support each other. It also includes disabled people's rights **to** protest and **at** a protest.

We have taken great care to give you the most up to date information so that you understand how to safely take Nonviolent Direct Action. It would be greatly appreciated if you would make a donation to XR so that we may continue our work.

We always strive to be accessible and inclusive. If you have any questions or comments or would like to request a Prepare for Action workshop, please email us at volunteer@extinctionrebellion.uk.

Training Options

The workshop is in video format backed up by information on the Rebel Toolkit and facilitator notes.

In-person training may be available locally. Check with your local or regional group. To find contact details, use the UK Local Group map.

The PfA workshop can run in tandem with national action briefings and can also be shared with allies and partners to support collaborative actions.

Protest Laws

There are links to basic protest law for England and Cymru Wales, and we recommend reading this information for Scotland, Northern Ireland and Eire Ireland.

If you have any questions, please email us on: volunteer@extinctionrebellion.uk.

Post Training Resources
Coming soon!
