

What Next?

Thinking about joining XR?

If you want to know more about joining XR go to our [Welcome to XR](#) shelf.

Where is my nearest group?

If you are wondering what to do next you can find and contact your nearest [Local Group or Community Group](#) and join your [nearest action](#).

You can register for other talks, training and workshops that complement Prepare for Action:

- [The World We Want](#)
- [Intro to XR](#)
- [Get Involved](#)

How can I help?

If you are an experienced trainer and would like to deliver one or more of our talks, training or workshops or would like to learn how to deliver one, you can contact us by email

volunteer@extinctionrebellion.uk or Mattermost in our [Explore XR Reception](#) channel.

We have taken great care to give you the most up-to-date information, so that you know how to safely take Nonviolent Direct Action. It would be greatly appreciated if you would make a donation to XR so that we may continue our work.

DONATE HERE

If you have any questions or would like to contact us you can email us on the address above.

If you want to watch the video again in your own time here is the YouTube link. You can also use this link [ADD LINK] to share the video with other people.

If you have never been to the Rebel Toolkit before here is an [explainer](#).
