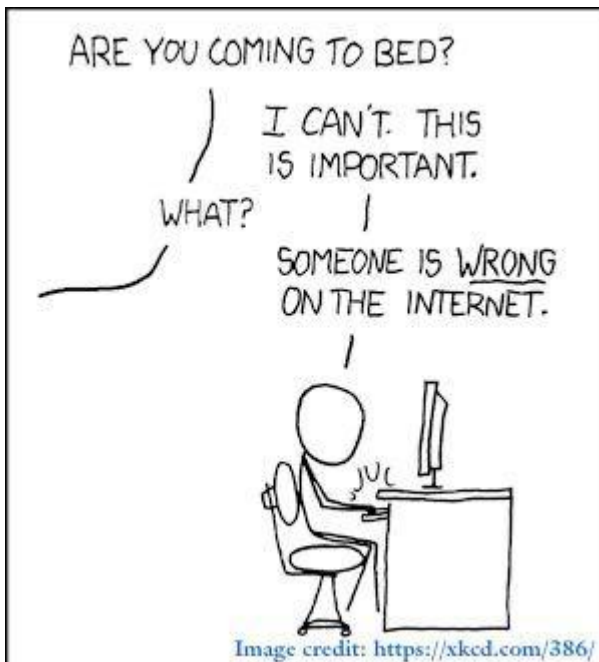


Overview



Handbook Contents:

- **Strategy**
 - What are we commenting for?
 - Where are we commenting?
 - How should we go about it?
 - **Personas**
 - People you may meet and people you may be
 - How people emotionally process the climate crisis
 - General Criticisms of XR, and possible responses
 - Negative comments on XR / rebels / Greta
 - People critiquing XR for excluding various groups
 - Comments on the climate emergency
 - Closing Remarks - Ending a Conversation
 - **Ideas and other training**
 - Insights from Psychology
 - **Self-care or Self-preservation**
-