

# What is a Local Group?

Extinction Rebellion organises in autonomous groups distributed around the world. We are working to build a movement that is participatory, decentralised, and inclusive.

**Local Groups** bring a feeling of togetherness and shared purpose to local people and are a great way to connect a local area to the wider XR community. Local groups also provide a crucial mechanism for planning and implementing actions, growing XR, and building links with other sympathetic groups to create a movement of movements.

Local Groups in the UK are connected via their Nation or Region to XRUK. They follow the [Principles and Values](#), and take action towards [XR's three demands](#).

Click [here](#) to learn more about how [Local Groups fit in to the structure](#) of XRUK.

## **Principle 10: WE ARE BASED ON AUTONOMY AND DECENTRALISATION.**

We collectively create the structures we need to challenge power. Anyone who follows our core Principles and Values can take action in the name of Extinction Rebellion.

Local groups vary massively in size- some are small, and some are large enough that they need their own working groups to manage all of the activities they are doing.

There are roles for everyone in Local Groups, and if your Local Group doesn't have anyone working in the area you're interested in (eg. Arts or Outreach), you can create that team yourself!

## Why do we need Local Groups?

Local Group supporters help in a number of ways. Ideally, we do need people willing to protest in London since that is where the main seat of political, financial and media power exists. But we also need people to put pressure on institutions in the local area, and to spread the word locally. Those who cannot travel to London can [support from home in various roles](#) and by doing outreach or taking action locally.

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